

# Looking for Autistic Adults for Questionnaire Study

We are conducting a research study examining sticky thinking (repetitive thoughts) and stimming (repetitive behaviors) in autistic adults and how they relate to mental health.

## Why Participate?

You might help us understand the relationships between sticky thinking, stimming, and mental health. This could inform therapies for mental health conditions such as depression or anxiety.

## Who Might Be Eligible For This Study?

- Adults age 18+
- People who identify as autistic or as having autism

## What Would I Do As Part Of This Study?

You would complete two online questionnaires that each take 30-35 minutes, two weeks apart.

## How Can I Be Involved?

If you have questions or are interested in participating, **contact PhD Candidate Elliot Gavin Keenan at [egkeenan@ucla.edu](mailto:egkeenan@ucla.edu)**

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